

ICP PE Long Term Planning 2025/2026

PE Coach: Miss Naylor

EYFS/ KS1: (Wrens/ Robins/ Shining Start)

	<u>Autumn One</u>	<u>Autumn Two</u>	<u>Spring One</u>	<u>Spring Two</u>	<u>Summer One</u>	<u>Summer Two</u>
Tuesday	FUNDamental Football	Handball	Hockey	Fencing	Dance/ Cheerleading	Cross country/ Orienteering
Friday	Athletics	Boxercise/ Gymnastics	HRF Dodgeball	Tag Rugby	Net/ Wall games	Striking/ Field games

LKS2: Kingfishers/ Kestrels

Tuesday	FUNDamental Football	Handball	Hockey	Fencing	Dance/ Cheerleading	Cross country/ Orienteering
Friday	Athletics	Boxercise/ Gymnastics	HRF Dodgeball	Tag Rugby	Net/ Wall games	Striking/ Field games (Tennis/ Cricket)

UKS2: Kestrels/ Eagles

Tuesday	FUNDamental Football	Handball	Hockey	Fencing	Dance/ Cheerleading	Cross country/ Orienteering
Friday	Athletics	Boxercise/ Gymnastics	HRF Dodgeball	Tag Rugby	Net/ Wall games	Striking/ Field games (Tennis/ Cricket)

<u>Whole School</u>	<u>Autumn One</u>	<u>Autumn Two</u>	<u>Spring One</u>	<u>Spring Two</u>	<u>Summer One</u>	<u>Summer Two</u>
After School Tuesday	Handball (KS2)	Gymnastics	Tag Rugby	Tennis	Dance/ Cheerleading	Archery/ Axe throwing
After School Friday	Athletics (KS1)	Boxercise	HRF Dodgeball	Football	Multi-sports	Striking/ Field games
Competitions	TBC	TBC	TBC	TBC	TBC	TBC