

ICP PE Long Term Planning 2026/2027

PE Coach: Miss Naylor

EYFS and KS1 (Wrens, Robins and Shining Start)						
	Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
Tuesday	Athletics	Dance	Fitness and Agility	Simple Invasion Games	Fundamental Football	Cross country/ OAA
Friday	Fundamental Movement	Gymnastics	Ball Skills (Sending & Receiving)	HRF Dodgeball	Net & Wall Games (Tennis Fundamentals)	Striking & Fielding (Cricket Fundamentals)
LKS2: Kingfishers						
Tuesday	Athletics	Dance	Fitness and Agility	Invasion Games: Handball/ Basketball	Fundamental Football	Cross country/ OAA
Friday	Multi Skills	Gymnastics	HRF Dodgeball	Tag Rugby	Net and Wall games (Tennis)	Striking/ Field games (Cricket)
UKS2: Kestrels/ Eagles						
Tuesday	Athletics	Dance	Fitness and Agility	Invasion Games: Handball/ Basketball	Fundamental Football	Cross country/ OAA
Friday	Multi Skills	Gymnastics	HRF Dodgeball	Tag Rugby	Net and Wall games (Tennis)	Striking/ Field games (Cricket)
Focus:	Fundamental Movement (Body Control) Running, jumping, balancing, coordination		Object Control (Ball & Equipment Skills) Throwing, catching, striking, kicking		Games & Application (Using Skills with Others) Games, teamwork, decision-making	
After School Clubs	Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two
Tuesday	Multi Skills (KS1)	Gymnastics (KS2)	Ball Skills: Dodgeball (KS1)	Tennis (KS2)	Football (KS1)	Archery/ Axe throwing (KS2)