



Welcome to The Nest



Stronger
Brighter
Kinder
Together
♥

You
belong
here ♥

A calm place to feel safe, learn new skills
and grow in confidence ♥

Be the
best you
can be ♥

Who will help me?

Mrs Nicholson, Mrs Bowler and Mrs Bourne are here to help.

They will:

- ★ Listen to you
- ★ Help you learn new things
- ★ Support you when things feel tricky
- ★ Celebrate your successes
- ★ Help you feel confident and included



What will I learn?



Understand my feelings



Find ways to feel calm



Communicate with others



Build friendships



Become more independent



Grow in confidence
and resilience

You can do this!

My Super Skills



I can ask for help



I can talk about my feelings



I can try a calming strategy



I can listen to other people



I can think flexibly



I can keep trying when I find
something tricky

Progress
not perfection ♥

What is The Nest like?



A calm, nurturing classroom



Small group learning



Clear routines and visual timetables



Quiet spaces



Structured activities



Support to help you succeed



Sensory support when helpful



Kind grown-ups and clear
expectations

Fun ways to learn



Teamwork activities



Enquiry and problem solving



Social communication activities



Superflex Social Thinking activities



Zones of Regulation



Outdoor learning and PE

Learn
Explore
Grow ♥

Part of Our School

You are an important part of your class
and our school.

In The Nest, you will learn in a small
group and also join your class for:



PE



Music



School Trips



Performances



Special Events



Sports Days



100 Life Skills

Same
school
More
opportunities
♥

What our children say about The Nest:

"A fun
little break"
- GB

"Where lucky
children go"
- HL

"Mini
classroom"
- GE

"To learn
new skills"
- RC

